Preschool July Snack Menu 2024 All Snacks Are Served With Milk

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2	3	4	5	6
	AM: Triscuits PM: Goldfish	AM: Mini Bagels and Cream Cheese PM:Rice Cakes	AM: Fruit Smoothie PM: Trail Mix	Independence Day LLL Closed	AM: Mandarin Oranges PM: Wheat Thins	
7	8	9	10	11	12	13
	AM: Ritz Crackers PM: Tortilla Chips and Salsa	AM: Goldfish PM: Toasted Oats	AM: Chex Cereal PM: Pita Crisps and Hummus	AM: Fresh Fruit PM: String Cheese	AM: Oatmeal PM: Cheez-Its	
14	15	16	17	18	19	20
	AM: Yogurt PM: Canned Pears	AM:Broccoli/Dip PM: Rice Cakes	AM: Applesauce PM: Triscuits	AM: Bananas PM: Ritz Crackers	AM: String Cheese PM: Rice Cereal	
21	22	23	24	25	26	27
	AM: Oatmeal PM: Rice Cakes	AM: Fruit Smoothie PM: Saltines	AM: Carrots/Dip PM: Goldfish	AM: Toasted Oats PM: Fig Bar	AM: Tortilla Chips and Salsa PM:Wheat Thins	
28	29	30	31	1	2	3
	AM: Croissant PM: Trail Mix	AM: Fresh Fruit PM: Cheez-Its	AM: Cucumbers/Dip PM: Chex Cereal			